From the Principal

Hi Parents,
This term is moving very quickly and we still have lots happening.

Last week we had our Pre-Prep’s join us for three of the school days. It gave them the opportunity to get an insight into what Prep will be like and to familiarise themselves with their classroom and surrounds. They all seemed to enjoy themselves and fit in very well. We look forward to seeing them again next year.

Last Friday saw us celebrate Grandparents Day, it was wonderful to see the families come and celebrate this special occasion with us. It gave them the opportunity to have a look around at their child's/grandchild’s work and school environment. It was a fun filled morning.

A big thankyou to the volunteers who helped out at the Off Road Rally on the weekend of the 18 and 19 October. It was a busy weekend and all help was greatly appreciated. The amount raised by the P&C was $1,077.

When you are signing your child in and out of school, could you please take note of the sign in book. Please make sure you are singing the Late Arrivals/Early Departure's register, not the Visitor Register. Thank you for your assistance with this matter.

Have a great fortnight!!!

SCHOOL CAMP— 24 NOVEMBER—26 NOVEMBER

As school camp is fast approaching we are currently in the process of finalising details. Paperwork went home earlier in the week and must be returned to the school office by Monday 3 November, along with payment. Thank you to the parents who have paid and who are continuing to make payments. If you did not receive this paperwork, please contact the office ASAP.

Once numbers have been finalised and camp arrangements are organised we will send out more information as camp draws closer. Please look out for this in coming weeks.
OTHER NEWS:

CHAPPY CORNER

Can you relate to not having a good night’s sleep or your child not sleeping well hence your bad night’s sleep?
This week I read that 40% of Aussie kids have a sleep problem. We know that sleep is very important for everyone so I would like to share some information on this over the next couple of Newsletters – hope it’s helpful.

Golden rules for kids’ sleep

Establish a bedtime routine - so they know what to expect and have time to wind down.

Keep bedtime consistent (within 30 mins), even on the weekends - big variations can disrupt their body clock and undo all your good work.

Make sure they fall asleep in their bed - snoozing off on the couch or in front of the TV can affect their routine and make them less likely to want to sleep alone.

Remove all TVs, computers and mobile devices from their bedroom - the light stimulation alone will make it harder for them to settle down.

Avoid caffeinated foods and drinks after 3pm - caffeine is a stimulant which is likely to keep young bodies awake.

Have a wind-down period yourself - show kids that a bedtime routine is important for the whole family.

Professor Harriet Hiscock

And lastly a quote from Facebook, ‘A good laugh and a long sleep are the two best cures for anything.’

Have a great week to come with lots of nice sleep!

Chappy Christina
**LIBRARY NEWS**

Book club was due back to today, thankyou to everyone who has supported book club this year and through their purchases we have been able to receive a number of books for our library from reward points and bonuses.

Just a note to remind everyone that there will be no more borrowing after the 20 November as a stocktake needs to be done, so please ensure that all library books are returned by this date.

Thank you to all the students for respecting the books so other people can enjoy them as well. What a wonderful group of readers we have at Thornton!

**P & C NEWS**

****CANCELLED***** FAMILY PORTRAIT FUNDRAISING

Unfortunately the fundraiser for the family portrait this weekend has been cancelled due to a lack of interest. If you had made a booking and paid the $15 booking fee, Vision Portraits will refund you directly.

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**Our next P & C Meeting—Tuesday 18 November, 7:00pm**

**ALL WELCOME**
School Awards:  Weeks 2 and 3

Junior:

Student of the Week:  Jett Emmerson (2) Jennifer Beezley (3)
Music:  Darcy Kelly (3)
Drama:  Damien Jones (2) Chad Pollock (3)
Maths:  Gemma Carniel (2)
P.E.:  Paxton Woodward (2) Penny Taber (3)
Geography/SE:  Gemma Carniel (3)
Reading:  Joe Foxlee (2)

Senior:

Student of the Week:  Eliza Carniel (2) Sydney Jones (3)
Maths:  Layla Millard (2) Laura Carniel (3)
P.E.:  Archer Moss (2) Tyler Harris (3)
Music:  Layla Millard (2) Eliza Carniel (3)
Drama:  Hannah Kerle (2) Ashley Taber (3)
Geography:  Angus Kelly (2) Ben Hodges (3)
Literacy:  Roy Williams (3)